



2022

		1	Monday	2	Tuesday	3	Wednesday	4	
		8:00 Rise & Shine 9:30 Book Club 10:00 Women's Group 11:00 Tune Time 2:00 Out In The Garden 3:00 Otaku Nails 3:30 Chair Yoga 4:00 Mail Call		National Ice cream Sandwich Day 8:00 Rise & Shine 9:30 Chair Yoga 10:00 Whats In The Box 11:00 Music To Dine 2:00 Bingo Hour 3:00 Coloring Corner 3:30 Stretch Therapy		8:00 Rise & Shine 9:30 Fitness Club 10:00 Father George 11:00 Oldies But Goodies 2:00 Garden Time 3:30 Yoga For You 4:00 Movie Madness		8:00 Rise & Shine 9:00 Chair 10:00 Wii 11:00 Mus 2:00 Binge 3:30 Music 4:00 Hand	
7	Sunday	8	Monday	9	Tuesday	10	Wednesday	11	
8:00 This Day in History 9:30 Chair Yoga 10:00 Catholic Mass 11:00 Sing Along 2:00 Church Service 3:00 Yard Games 4:00 Reminisce		8:00 Current Events 9:30 Book Club 10:00 Japanese Writting Class 11:00 Tune Time 3:00 Nail Spa Chair Yoga 4:00 Mail Call		National Womens Day 8:00 Good AM Group 9:30 Sittersize 10:00 Paper Cup Chocolate Boxes 11:00 Music To Dine 2:00 Bingo Hour 3:00 Origami Flowers/Cups 3:30 Stretch Therapy 4:00 Hand Massages		8:00 Rise & Shine 9:30 Fitness Club 10:00 Father George 11:00 Oldies But Goodies 2:00 Fudge in a bag 3:30 Yoga For You 4:00 Movie Madness - The Last Samari		8:00 News 9:30 Sit N 10:00 Wii 11:00 Mus 2:00 Binge 3:30 Music 4:00 Hand	
14	Sunday	15	Monday	16	Tuesday	17	Wednesday	18	
8:00 Rise & Shine 9:30 Sittersize 10:00 Catholic Mass 11:00 Sing Along 2:00 Church Service 3:00 Board Games 4:00 Spa Day		Lemon Merique Pie Day 8:00 News & Chat 9:30 Book Club 10:00 Men's Group 11:00 Tune Time 2:00 Garden Center 3:00 Coffee & Pie with Friends 3:30 Chair Yoga 4:00 Mail Call		8:00 Current Events 9:30 Fitness Club 10:00 Trivia Word Tournament 11:00 Music To Dine 2:00 Bingo Hour 3:00 Coloring Corner 3:30 Stretch Therapy 4:00 Hand Massages		8:00 Good AM Group 9:30 Sit N Fit 10:00 Hymn Singing - Father George 11:00 Oldies But Goodies 2:00 Japanese Green Tea Party 3:30 Yoga For You 4:00 Movie Madness		8:00 Rise & Shine 9:00 Chair 10:00 Wii 11:00 Mus 2:00 Binge 3:30 Music 4:00 Hand	
21	Sunday	22	Monday	23	Tuesday	24	Wednesday	25	
National Senior Citizen Day 8:00 Good AM Group 9:30 Fitness Club 10:00 Catholic Mass 11:00 Sing Along		8:00 Rise & Shine 9:30 Book Club 10:00 Women's Group 11:00 Tune Time 2:00 Out In The Garden		8:00 News & Chat 9:30 Sit N Fit 10:00 Armchair Travel - Mount Fuji, Japan 11:00 Music of Japan		8:00 Current Events 9:30 Chair Yoga 10:00 Hymn Singing - Father George 11:00 Oldies But Goodies 2:00 Garden with Pals		8:00 Good 9:30 Sitter 10:00 Wii 11:00 Mus Binge	

11:00 Sing Along 2:00 Church Service 3:00 Smoothies with Friends 4:00 Reminisce		2:00 Out In The Garden 3:00 Nail Spa Chair Yoga Mail Call		3:30 4:00	11:00 Music of Japan 2:00 Bingo Hour - Japanese Style 3:00 Japanese Cuisine 3:30 Stretch Therapy 4:00 Hand Massages		2:00 Garden with Fais 3:30 Yoga For You 4:00 Movie Madness - Karate Kid		Bingo Birthday F 3:30 Music 4:00 Hand	
28	Sunday	29	Monday		30	Tuesday		31	Wednesday	
8:00 Current Events 9:00 Sit N Fit 10:00 Catholic Mass 11:00 Guess That Tune 2:00 Church Service 3:00 Board Games 4:00 Coffee With Friends		8:00 Good AM Group 9:30 Book Club 10:00 Resident Council 11:00 Sock Hop Tunes 2:00 Out In The Garden 3:00 Nail Spa Chair Yoga 4:00 Mail Call		3:30	8:00 Rise & Shine 9:30 Chair Yoga 10:00 Redeem Tickets 11:00 Music To Dine 2:00 Bingo Hour 3:00 Coloring Corner 3:30 Stretch Therapy 4:00 Hand Massages		8:00 Current Events 9:30 Chair Yoga 10:00 Father George 11:00 Oldies But Goodies 3:30 Yoga For You 4:00 Movie Madness - Fast and Furious, Tokyo Drift			

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Thursday	5	Friday	6	Saturday	
& Shine · Yoga Bowling League ic & Menus o Hour al Yoga Massages		8:00 Good AM Group - News 9:30 Book Club 10:00 Skip Bo Tournament 11:00 Book / Magazine Cart 2:00 Ice cream Social - Japanese Mochi 3:30 Chair Yoga 4:00 Mail Call		8:00 Current Events 9:30 Sit N Fit 10:00 Coffee & Nature 11:00 Guess That Tune 2:00 Movie - Resident Choice 3:00 Resident's Choice 4:00 Humor Hour - Jokes & Riddles	
Thursday	12	Friday	13	Saturday	
& Chat Fit Bowling League ic & Menus o Hour al Yoga Massages		8:00 Current Events 9:30 Book Club 10:00 Outdoor Relaxation 11:00 Activity Cart 2:00 Ice Cream Social 2:30 Game Night 3:30 Better Life Yoga 4:00 Mail Call		8:00 Good AM Group 9:00 Chair Yoga 10:00 Brain Busters 11:00 Resident's Choice 2:00 Cinema Time - Kung Fu Panda 3:30 Puzzle Group 4:00 Mail Call	
Thursday	19	Friday	20	Saturday	
& Shine · Yoga Bowling League ic & Menus o Hour al Yoga Massages		8:00 News & Chat 9:30 Book Club 10:00 Guess The Object 11:00 Book / Magazine Cart 2:00 Ice Cream Social 3:30 Better Life Yoga 4:00 Mail Call		8:00 Current Events 9:30 Sittersize 10:00 Morning Matinee 11:00 Guess That Tune 2:00 Uno Tournament 3:00 Resident's Choice 4:00 Balloon Vollyball	
Thursday	26	Friday	27	Saturday	
AM Group size League ic & Menus	2:00 3:30	National Dog Day 8:00 Rise & Shine 9:30 Book Club 10:00 Outdoors with Friends 11:00 Activity Cart		8:00 News & Chat 9:30 Fitness Club 10:00 Japanese Sudoku 11:00 Resident's Choice 2:00 Cinema Time	

<p>2:50 Party & Ice Cream Meditational Yoga Massages</p>	<p>11:00 Activity Cart 2:30 Men's Poker Tournament 3:30 Better Life Yoga</p>	<p>2:00 Cinema Time 3:00 Puzzle Group 4:00 Mail Call</p>	
	<p>August Birthdays Avey - 8/10 Gilbert - 8/12 8/13 8/15 8/19 David Robert Gerald Clark - Steven McCarroll - Patricia Mandernach - Bonnie Whitlow - 8/19</p>	<p>Personal shopping is the 2nd Thursday of every month 1:00PM - 4:00PM. * Mail is delivered Monday - Saturday unless a holiday.</p>	