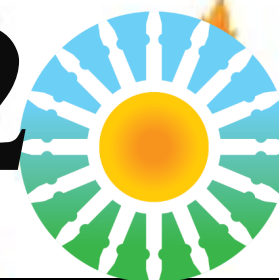




November

2022



OREGON

Living & Rehabilitation Center

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>November Birthdays: Judy Sayles—11/1 Elaine Wedig –11/4 Francis Shippert –11/7 Jeanie Palm—11/14 Connie Prusia—11/25 Gordon Haas—11/30</p>	<p>Personal shopping is the 2nd Thursday of every month 1:00PM - 4:00PM. * Mail is delivered Monday - Saturday unless a holiday.</p>	<p>1 8:00 News and Chat 9:30 Sit n Stretch 10:00 Birthday Card Club 11:00 Music of Simon and Garfunkel 2:00 Bingo Blitz 3:00 Fancy Nails 3:30 Move to the Beat 4:00 Mail Pass</p>	<p>2 8:00 Rise & Shine 9:30 Fitness Club 10:00 Hymn Singing w/ Father George 11:00 Oldies But Goodies 2:00 Pinecone Indian Corn 3:30 Exercise Class w/ Sherry Zak Morris 4:00 Movie Madness</p>	<p>3 National Sandwich Day 8:00 Current Events 9:30 Sittercise 10:00 Taste Testers- Elvis Sandwich 11:00 Music Appreciation-Country 2:00 Bingo Bash 3:00 Wii Bowling League 3:30 Zumba Club 4:00 Mail Call</p>	<p>4 8:00 Weird News 9:30 Book Club 10:00 Painting Class-Fall Landscape 11:00 Guess That Tune 2:00 Ice Cream Social 2:30 Game Night-Googly Eyes 3:30 Zumba Club 4:00 Hydration Station</p>	<p>5 American Football Day 8:00 This Day in History 9:30 Morning Yoga 10:00 Morning Matinee 11:00 Guess That Tune 2:00 Yahtzee Tournament 3:00 Football Trivia 4:00 Mail Call</p>
<p>6 8:00 Coffee and News 9:30 Morning Exercise 10:00 Catholic Mass w/ Father Dave 11:00 Who Sang it? 2:00 Hymns with Hailey 3:00 Table Reading-Romeo and Casanova 4:00 Relaxation Station</p>	<p>7 Hug a Bear Day 8:00 Good AM Group 9:30 Book Club 10:00 Teddy Bear Tea Party 11:00 Music to Dine 2:00 German Chocolate Taste Testing 3:00 History of Rochelle, II 3:30 Musical Stretch 4:00 Mail Pass</p>	<p>8 8:00 Occurring Events 9:30 Morning Yoga 10:00 Turkey Hunting 11:00 Music of The Beach Boys 2:00 Two Card Tuesday Bingo 3:00 Nail Spa 3:30 Movin' and Groovin' 4:00 Hand Reflexology</p>	<p>9 8:00 Today in the News 9:30 Chair Yoga 10:00 Father George 11:00 Who Sang it? 2:00 German Mocktail Social-Gluehwein 3:30 Musical Yoga 4:00 Movie Madness</p>	<p>10 8:00 2 Truths and 1 Lie 9:30 Sit n Fit 10:00 Wii Bowling League 11:00 Music Appreciation-Jazz 2:00 Bingo Hour 3:00 Artist Expression 3:30 Chair Yoga 4:00 Mail Pass</p>	<p>11 Veterans Day 8:00 News and Chat 9:30 Book Club 10:00 Remembrance Poppy Wreaths 11:00 Guess That Tune 2:00 Ice Cream Social 3:00 Military Slang 3:30 Military Medley Chair Yoga 4:00 Mail Call</p>	<p>12 8:00 Current Events 9:30 Yoga For You 10:00 Corn hole Tournament 11:00 Guess That Tune 2:00 Movie Mania 3:00 Balloon Hockey 4:00 Jigsaw Puzzle Group</p>
<p>13 World Kindness Day 8:00 Sunday Funnies 9:30 Exercise Group 10:00 Catholic Mass w/ Father Dave 11:00 Who Sang it? 2:00 God Cares Church Service 3:00 Acts of Kindness 4:00 Hydration Station</p>	<p>14 8:00 Rise and Shine 9:30 Book Club 10:00 Sculpture Pictionary 11:00 Finish the Lyric 2:00 Women's Group-High Tea 3:30 Zumba Class 4:00 Hand Massages</p>	<p>15 8:00 This Day in History 9:30 Scarfercise 10:00 Wii Racing Club 11:00 Music of Neil Diamond 2:00 Bingo Hour 3:00 Manicure Mania 3:30 Stretch Therapy 4:00 Mail Call</p>	<p>16 8:00 Weird News 9:30 Sit n Stretch 10:00 Father George 11:00 Oldies But Goodies 2:00 Cooking Club-Orange Butter 3:30 Yoga Group 4:00 Movie Madness</p>	<p>17 Homemade Bread Day 8:00 Current Events 9:30 Morning Exercises 10:00 Banana Bread Baking Club 11:00 Music Appreciation-Blues 2:00 Bingo Bonanza 3:30 Movin' to the Music 4:00 Mail Call</p>	<p>18 8:00 News and Chat 9:30 Book Club 10:00 Wii Bowling League 11:00 Guess That Tune 2:00 Ice Cream Social 2:30 Karaoke Night 3:30 Musical Stretch 4:00 Mail Call</p>	<p>19 National Monopoly Day 8:00 Rise and Shine 9:30 Sit n Stretch 10:00 Cat Monopoly Hour 11:00 Finish the lyric 2:00 Movie Viewers 3:00 Hot Cocoa Social 4:00 Stand Up Comedy Hour</p>
<p>20 Peanut Butter Fudge Day 8:00 Current Events 9:30 Yoga For You 10:00 Catholic Mass w/ Father Dave 11:00 Who Sang it? 2:00 Hymns with Hailey 3:00 Peanut Butter Fudge in a Bag 4:00 Reminisce-Thanksgiving Dinner</p>	<p>21 8:00 Current Events 9:30 Book Club 10:00 Traditional Alpine Hat Making 11:00 Guess That Tune 2:00 Men's Group-Poker Tournament 3:30 Exercise Class w/ Sherry Zak Morris 4:00 Mail Call</p>	<p>22 8:00 Current Events 9:30 Morning Yoga 10:00 German Phrases Acquisitions 11:00 Music of The Beatles 2:00 Bingo Blitz 3:00 Nail Salon 3:30 Zumba Club 4:00 Hand Massages</p>	<p>23 National Jukebox Day 8:00 Rise & Shine 9:30 Fitness Club 10:00 Father George 11:00 Jukebox Music Hour 2:00 Birthday Party Festivity 3:30 Movin' and Groovin' 4:00 Movie Madness</p>	<p>24 Happy Thanksgiving! 8:00 Current Events 9:30 Sittercise 10:00 Wii Bowling League 11:00 Music Appreciation-Holiday 2:00 Thanksgiving Bingo 3:00 Thanksgiving Pictionary 3:30 Exercise Group 4:00 Mail Call</p>	<p>25 8:00 Current Events 9:30 Book Club 10:00 German Trivia Tournament 11:00 Music of Germany 2:00 Armchair Travel to Germany 2:30 German Cuisine 3:30 Exercise Class w/ Sherry Zak Morris 4:00 Puzzle Group</p>	<p>26 Good Grief Day 8:00 Current Events 9:30 Fitness Club 10:00 Table Tennis Tournament 11:00 Guess That Tune 2:00 Cinema Time 3:00 Peanuts Comic Strip Social 4:00 Mail Pass</p>
<p>27 8:00 Good AM Group 9:30 Morning Exercise 10:00 Catholic Mass w/ Father Dave 11:00 Who Sang it? 2:00 God Cares Church Service 3:00 Pop Art Hour 4:00 Coffee with Friends</p>	<p>28 8:00 Occurring Events 9:30 Book Club 10:00 Resident Council 11:00 Who Sang it? 2:00 Stain Glass Creations 3:00 Aromatherapy Relaxation 3:30 Musical Stretch 4:00 Hydration Station</p>	<p>29 8:00 2 Truths and 1 Lie 9:30 Scarfercise 10:00 Redeem Tickets 11:00 Music of The Temptations 2:00 Bingo Bash 3:00 Pretty Nails 3:30 Move to the Beat 4:00 Mail Pass</p>	<p>30 National Mousse Day 8:00 Weird News 9:30 Yoga For You 10:00 Father George 11:00 Oldies But Goodies 2:00 Cooking Club-Chocolate Mousse 3:30 Yoga For You 4:00 Movie Madness</p>			