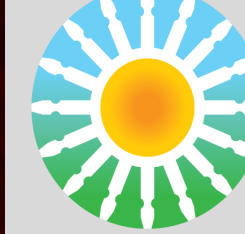


FEBRUARY

2023

Memory Care



OREGON

Living & Rehabilitation Center
811 S 10th St, Oregon, IL

Sun

Mon

Tue

Wed

Thu

Fri

Sat



1 Chinese New Year
 9:00 Good AM Group
 10:00 Morning Stretches
 11:00 Noodle Ball
 1:30 Chicken Soup for the Soul
 2:00 Cinema Hour and 1:1s/Playing Cards
 3:00 Exercises
 4:00 Coloring Hour
 5:00 Connect 4 Tournament
 7:00 1:1 games

2 Groundhog Day
 9:00 News and Chat
 10:00 Morning Exercises
 11:00 Groundhog Craft
 1:30 Memory Box: School
 2:00 Bowling League
 3:00 Movin' N Groovin'
 4:00 Balloon Hockey
 5:00 Washcloth and Sock Folding
 7:00 Magazine Cart

3 9:00 Rise and Shine
 10:00 Zumba
 11:00 "As You Were" Stories
 1:30 Sensory Pets
 2:00 Ice Cream Social
 3:00 Exercise Club
 4:00 Noodle Ball
 5:00 Hand Massages and Nail Spa
 7:00 Small Group Visits and Games

7 National Wear Red Day
 9:00 This Day in History
 10:00 Saturday Stretches
 11:00 Balloon Toss
 1:30 Saturday Read Aloud
 2:00 Cinema Time + 1:1s
 3:00 Exercise Group
 4:00 Coloring Corner
 5:00 Matching Games

5 9:00 God Cares Ministry
 10:00 Scarfercise
 11:00 1:1 's - Card Games
 1:30 Sunday Funnies
 2:00 Ring Toss Tournament
 3:00 Zumba
 4:00 Sorting Crotchet Squares
 5:00 Hydration Station and 1:1's
 7:00 Magazine Cart

6 Pay a Compliment Day
 9:00 This Day in History
 10:00 Morning Zumba
 11:00 Short Stories
 1:30 Writing Thank You Cards
 2:00 JINGO Hour
 3:00 Yoga Hour
 4:00 Moving Activity Cart
 5:00 Coloring Corner

7 National Send A Card To A Friend Day
 9:00 Occurring Events
 10:00 Church Service
 11:00 Penpal Letters
 1:30 Hydration Station
 2:00 Ball Toss
 3:00 Movin' and Groovin'
 4:00 Putt Practice
 5:00 Magazine Cart

8 National Opera Day
 9:00 Today in the News...
 10:00 Scarfercise
 11:00 Coloring Corner
 1:30 Listening to Opera Music
 2:00 Cinema Hour and 1:1s
 3:00 Chair Exercisers
 4:00 Memory Games
 5:00 Jenga

9 National Pizza Day
 9:00 Coffee and News
 10:00 Zumba Club
 11:00 Play-Do Pizzas
 1:30 Memory Box: Fishing
 2:00 Bowling League
 3:00 Organizing Chips
 4:00 Gone Fishin'
 5:00 Funny Animal Videos
 7:00 Artists Hour

10 9:00 Weird News
 10:00 Yoga
 11:00 Go fish Tournament
 1:30 Hydration Station
 2:00 Ice Cream Social
 3:00 Musical Yoga
 4:00 Hand Massages and Nail Spa
 5:00 Sensory Pets
 7:00 1:1 Visits

11 Make A New Friend Day
 9:00 Good AM Group
 10:00 Chair Exercises
 11:00 Sing along- Elvis
 1:30 Chicken Soup Stories
 2:00 Cinema Time + 1:1s
 3:00 Dance-a-long
 4:00 Noodle Ball
 5:00 Quirkle Hour

12 Abraham Lincoln's B-Day
 15 9:00 God Cares Ministry
 10:00 Morning Stretches
 11:00 Music of the 1940's and 1:1's
 1:30 Top Hat and Beard Making
 2:00 Snowball Cornhole
 3:00 Organizing Hour
 4:00 Balloon Hockey
 5:00 Magazine Cart
 7:00 Puzzle Hour

13 World Marriage Day
 9:00 Occurring Events
 10:00 Short Stories - Weddings
 11:00 Noodle Drumming
 1:30 Today's Fun Facts
 2:00 Wedding JINGO
 3:00 Move and Groove
 4:00 Organization Hour
 5:00 Reminiscing Books
 7:00 Small Table Games

14 Valentine's Day
 9:00 Rise and Shine
 10:00 Morning Yoga
 11:00 Story Hour -St. Valentine
 1:30 Sensory Pets
 2:00 Valentine Writing
 3:00 Valentine's Day Party
 4:00 Aromatherapy Oil Hour
 5:00 Gone Fishin'
 7:00 Coloring Hour

15 9:00 Weird News
 10:00 Dance to the Beat
 11:00 Noodle Drumming
 1:30 Chicken Soup for the Soul
 2:00 Cinema Hour and 1:1s
 3:00 Exercise Class
 4:00 Balloon ball
 5:00 Sensory Wooden Tools
 7:00 Coloring Hour

16 9:00 News and Coffee
 10:00 Musical Stretch
 11:00 Sensory Pets
 1:30 Memory Box: Cooking
 2:00 Bowling League
 3:00 Zumba Class
 4:00 Residents Choice-Game
 5:00 Adult Coloring
 7:00 1:1 Games

17 Random Acts of Kindness Day
 9:00 Current Events
 10:00 Music Reminiscing: 1970's
 11:00 Hydration Station
 1:30 Nail Spa
 2:00 Ice Cream Social
 3:00 Yoga For You
 4:00 In the Tool Shed...
 5:00 Wooden Sensory Tools
 7:00 Balloon Flyswatter

18 National Caregiver Day
 9:00 Weird News
 10:00 Chair Exercisers
 11:00 Thank You CNA Cards
 1:30 Saturday Read Aloud-Chicken Soup Stories
 2:00 Cinema Time +1:1s
 3:00 Musical Yoga
 4:00 Coloring Corner
 5:00 Memory Gamres

19 9:00 God Cares Ministry
 10:00 Fitness Club
 11:00 Music of the 1950's and 1:1's
 1:30 Sensory Tools
 2:00 Big Parachute Game
 3:00 Dance to the Beat
 4:00 Polka Dot Art Hour
 5:00 Rolling Magazine Cart
 7:00 Balloon Toss

20 National Muffin Day
 9:00 Today in the News
 10:00 Dance-a-long
 11:00 Noodle Ball
 1:30 Muffins for 200
 2:00 Muffin JINGO
 3:00 This or That
 4:00 In the Tool Shed...
 5:00 Hot Potato
 7:00 Photo Discussion Group

21 President's Day
 9:00 Weird News
 10:00 Movin' and Groovin'
 11:00 President Fun Facts
 1:30 Building Blocks
 2:00 Big Parachute
 3:00 Chair Exercisers
 4:00 Coloring Corner
 5:00 Noodle Ball
 7:00 1:1 Games

22 George Washington's B-Day
 9:00 Current Events
 10:00 Yoga Hour
 11:00 Money Making
 1:30 Parachute Play
 2:00 Cinema Hour and 1:1s
 3:00 Yoga For You
 4:00 Coloring Hour
 5:00 Magazine Cart
 7:00 1:1 Visits

23 Mardi Gras Celebration
 9:00 This Day in History
 10:00 Fitness Club
 11:00 Elvis Presley Sing-a-long
 1:30 Memory Box: Hunting
 2:00 Dominoes Tournament
 3:00 Zumba For You
 4:00 Bowling League
 5:00 Balloon Swatter
 7:00 Calendar Discussion Group

24 National Peanut Butter Day
 9:00 Good AM Group
 10:00 Movin' N Groovin'
 11:00 Making PB Cups
 1:30 Memory Box: Travel
 2:00 Ice Cream Social
 3:00 Dance to the Beat
 4:00 Giant Connect Four
 5:00 Hand Massages and Nails
 7:00 Puzzle Group

25 National Pancake Day
 9:00 Weird News
 10:00 Yoga For You
 11:00 Making Pancakes
 1:30 Saturday Read Aloud-Chicken Soup Stories
 2:00 Cinema Time +1:1s
 3:00 Exercise Class
 4:00 Drawing Hour
 5:00 Putting Practice

26 Tell a Fairy Tale Day
 9:00 God Cares Ministry
 10:00 AM Puzzle Group
 11:00 Fairy Tale Reading
 1:30 Magazine and Book Cart
 2:00 Slay the Dragon
 3:00 Making Crowns
 4:00 Movie Night
 5:00 Puzzle Hour

27 9:00 This Day in History
 10:00 Short Stories Hour
 11:00 Don't Let the Balloon Drop
 1:30 Hydration Station and 1:1's
 2:00 JINGO-Food
 3:00 Yoga For You
 4:00 Putting Practice
 5:00 Next Month Planning Session
 7:00 Read Aloud

28 9:00 2 Truths and 1 Lie
 10:00 Sit n Stretch
 11:00 Kickball
 1:30 Hydration Station and 1:1's
 2:00 Shuffleboard
 3:00 Dance-a-long
 4:00 Noodle Ball
 5:00 Putt Practice
 7:00 Balloon Toss

February Birthdays:
MaryAnn Anderson -2/17
David Beaman -2/22
Robert Kain-2/24

Personal shopping is the 2nd Thursday of every month 1:00PM - 4:00PM.
*** Mail is delivered Monday - Saturday unless a holiday.**
***Activities on Calendar subject to change**

