



OREGON
Living & Rehabilitation Center
811 S 10th St, Oregon, IL

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Personal shopping is the 2nd Thursday of every month 1:00PM - 4:00PM.</p> <p>* Mail is delivered Monday - Saturday unless a holiday.</p> <p>*Activities on Calendar subject to change</p>		<p>March Birthdays Genet Anderson 3/11 Daphne Kennan 3/17 Janice Shaffer 3/22 Lee Wollack 3/25 Lawan Peters 3/27 Judy Hollenbeck 3/27 Barb Pepper 3/28</p>	<p>1 9:00 Coffee and News 10:00 Mass with Father George/TV 11:00 Sensory Pets 1:30 Chicken Soup for the Soul 2:00 Cinema Hour and 1:1s 3:00 Exercises w/ Sherry Zak Morris 4:00 Aromatherapy 5:00 Hand Massages 7:00 Magazine Cart</p>	<p>2 9:00 News and Chat 10:00 Morning Exercises 11:00 Noodle Ball 1:30 Memory Box: Fishing 2:00 Bowling League 3:00 Movin' N Groovin' 4:00 Balloon Hockey 5:00 Washcloth and Sock Folding 7:00 Westerns Hour</p>	<p>3 9:00 Rise and Shine 10:00 Zumba 11:00 "As You Were" Stories 1:30 Sensory Pets 2:00 Ice Cream Social : Specialty Top-pins' 3:00 Exercise Club 4:00 Noodle Ball 5:00 Hand Massages and Nail Spa 7:00 1:1's</p>	<p>4 9:00 This Day in History 10:00 Saturday Stretches 11:00 Balloon Toss 1:30 Saturday Read Aloud 2:00 Cinema Time + 1:1s 3:00 Exercise Group 4:00 Coloring Corner 5:00 Matching Games 7:00 Magazine Cart</p>
<p>5 9:00 God Cares Ministry 10:00 Catholic Mass w/ Father George/TV 11:00 1:1 's - Card Games 1:30 Sunday Funnies 2:00 Ring Toss Tournament 3:00 Zumba 4:00 Hydration Station 5:00 Sorting Crochet Squares 7:00 Magazine Cart</p>	<p>6 Casimir Pulaski Day 9:00 This Day in History 10:00 Morning Zumba 11:00 Drumming 1:30 Golden Oldies 2:00 Cooking Club: Pierogis 3:00 JINGO Hour 4:00 Moving Activity Cart 5:00 Coloring Corner 7:00 Domino Hour</p>	<p>7 National Cereal Day 9:00 Occurring Events 10:00 Cereal Bar 11:00 Penpal Letter Writing 1:30 Hydration Station 2:00 Nail Spa 3:00 Movin' and Groovin' 4:00 Putt Practice 5:00 Hand Massages 7:00 1:1 Games</p>	<p>8 9:00 Today in the News... 10:00 Mass with Father George/TV 11:00 Scarfercise 1:30 Sensory Pets 2:00 Cinema Hour and 1:1s 3:00 Chair Exercisers 4:00 Memory Games 5:00 Short Stories 7:00 Sorting Poker Chips</p>	<p>9 National Barbie/GI Joe Day 9:00 On this day in History 10:00 Zumba Club 11:00 Drumming 1:30 Memory Box: School 2:00 Bowling League 3:00 Movin N' Groovin 4:00 Ballon Ball/ Photos 5:00 Sensory wooden tools 7:00 Westerns Hour</p>	<p>10 9:00 Weird News 10:00 Sit N' Stretch 11:00 Memory Games 1:30 Sensory Pets 2:00 Ice Cream Social : Cones or Bowls? 3:00 Balloon Toss 4:00 In the Toolshed... 5:00 Balloon Flyswatter 7:00 Puzzle Group</p>	<p>11 9:00 Good AM Group 10:00 Chair Exercises 11:00 Putting Practice 1:30 Saturday Read Aloud 2:00 Cinema Time + 1:1s 3:00 Dance-a-long 4:00 Tales of Friendship 5:00 Quirkle hour 7:00 Coloring Corner</p>
<p>12 9:00 God Cares Ministry 10:00 Catholic Mass w/ Father George/TV 11:00 Sunday Funnies 1:30 Hydration Station 2:00 This or That 3:00 "As You Were" 4:00 Zumba Club 5:00 Laundry Folding 7:00 1:1's/ Card Games</p>	<p>13 9:00 Occurring Events 10:00 Morning Stretches 11:00 Drumming 1:30 Today's Fun Facts 2:00 JINGO Hour 3:00 Move and Groove 4:00 Sorting the Markers and Colored Pencils 5:00 Magazine Cart 7:00 The Andy Griffith Show</p>	<p>14 National Potato Chip Day 9:00 Rise and Shine 10:00 Scarfercise 11:00 Play-Doh Hour 1:30 Sensory Pets 2:00 Nail Spa 3:00 Dancing in the Afternoon 4:00 Coloring Hour 5:00 Hand Massages 7:00 1:1's</p>	<p>15 Ides of March 9:00 This Day in History 10:00 Mass with Father George/TV 11:00 Sensory tools 1:30 Matching Game 2:00 Cinema Hour and 1:1s 3:00 Exercise Class 4:00 Ides of March Activity 5:00 Connect 4 7:00 Coloring Hour</p>	<p>16 9:00 Morning Announcements 10:00 Stretching to Songs 11:00 Drumming 1:30 Memory Box: Cooking 2:00 Bowling League 3:00 Dancing to the 70's 4:00 Leprechaun Hats Craft 5:00 Word Puzzles 7:00 Westerns Hour</p>	<p>17 St. Patrick's Day 9:00 Top O' The Morning 10:00 Yoga 11:00 Golden Coin Toss Game 1:30 Sensory Pets 2:00 St. Patrick's Day Party/Ice Cream 3:00 Musical Zumba 4:00 Word Association Game 5:00 Irish Movie Hour 7:00 1:1's and Cards</p>	<p>18 National Quilting Day 9:00 Morning News 10:00 Saturday Stretches 11:00 Make Paper Quilts 1:30 Short Stories 2:00 Cinema Time +1:1s 3:00 Scarfercise 4:00 Sorting Color Squares 5:00 Noodle Ball 7:00 Sensory Tools</p>
<p>19 National Let's Laugh Day 9:00 God Cares Ministry 10:00 Catholic Mass w/ Father George/TV 11:00 Sunday Funnies 1:30 Funny Animal Videos 2:00 Jokes and Riddles 3:00 Silly Stretches 4:00 Tongue Twisters 5:00 Try Not to Laugh/ Statue Game 7:00 Sensory Tools</p>	<p>20 International Day of Happiness 9:00 Today in the News 10:00 Dance-a-long 11:00 Drumming 1:30 Short Stories 2:00 JINGO 3:00 Smile exercisers 4:00 Reminiscing: Happy memories 5:00 Sensory Pets 7:00 Andy Griffith Show Viewing</p>	<p>21 9:00 Weird News 10:00 Movin' and Groovin' 11:00 Building Blocks 1:30 Listening to Music of the 60's 2:00 Nail Spa 3:00 Chair Exercisers 4:00 Coloring Corner 5:00 Big Parachute 7:00 1:1 Games</p>	<p>22 Armchair Travel to Ireland 9:00 Current Events 10:00 Mass with Father George/TV 11:00 Making Irish Flags 1:30 Listening to Irish Music 2:00 Armchair travel: Ireland/Cinema Hour 3:00 Dining in Ireland/ Zumba 4:00 Coloring Hour 5:00 Magazine Cart 7:00 1:1 Visits</p>	<p>23 World Meteorological Day 9:00 This Day in History 10:00 Drumming 11:00 Memory Box :Travel 1:30 Making Rainbows Craft 2:00 Bowling League 3:00 Birthday Celebration/ Zumba For You 4:00 Dominoes Tournament 5:00 Balloon Swatter 7:00 Westerns Hour</p>	<p>24 9:00 Good AM Group 10:00 Movin' N Groovin' 11:00 This or That? 1:30 Country Music and Westerns 2:00 Sno-Cone Social 3:00 Dance to the Beat 4:00 Giant Connect Four 5:00 Hand Massages and Nails 7:00 Puzzle Group</p>	<p>25 Waffle Day 9:00 Weird News 10:00 Uno w/ Waffles/ Yoga For You 11:00 Making Play Doh Waffles 1:30 Saturday Read Aloud-Chicken Soup Stories 2:00 Cinema Time +1:1s 3:00 Exercise Class 4:00 Drawing Hour 5:00 Putting Practice 7:00 Funny Animal Videos</p>
<p>26 9:00 God Cares Ministry 10:00 Catholic Mass w/ Father George/TV 11:00 Funny Comics in the News 1:30 Magazine and Book Cart 2:00 Coloring Hour 3:00 Word Association Game 4:00 Disney Movie Night 5:00 Puzzle Hour 7:00 Balloon Toss</p>	<p>27 9:00 This Day in History 10:00 Short Stories Hour 11:00 Drumming 1:30 Hydration Station and 1:1's 2:00 JINGO-Food 3:00 Yoga For You 4:00 Putting Practice 5:00 Big Dice Game 7:00 The Andy Griffith Show Hour</p>	<p>28 9:00 2 Truths and 1 Lie 10:00 Sit n Stretch 11:00 Kickball 1:30 Listening to Music from the 50's 2:00 Balloon Toss 3:00 Dance-a-long 4:00 Goin' Fishing 5:00 Memory Matching 7:00 1:1 Games</p>	<p>29 9:00 Coffee and News 10:00 Mass with Father George/TV 11:00 Sensory Pets 1:30 Chicken Soup for the Soul 2:00 Cinema Hour and 1:1s 3:00 Exercises w/ Sherry Zak Morris 4:00 Aromatherapy 5:00 Hand Massages 7:00 Magazine Cart</p>	<p>30 9:00 Today in the News... 10:00 Orange Peels/ 11:00 Memory Box: Hunting 1:30 Drumming 2:00 Bowling League 3:00 Yoga Hour 4:00 Hand Massages and Nail Spa 5:00 Arranging Flowers 7:00 Westerns Hour</p>	<p>31 9:00 News News News 10:00 Zumba Group 11:00 Sensory Pets 1:30 Music of the 50s 2:00 Root Beer Floats 3:00 Dancing to the Beat 4:00 Connect 4 tournament 5:00 Kickball 7:00 Puzzle Group</p>	