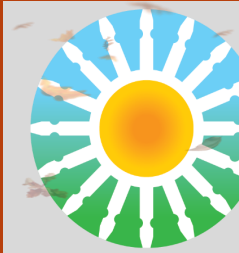




2023 MEMORY CARE



OREGON
Living & Rehabilitation Center
811 S 10th St, Oregon, IL

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Personal shopping is the 2nd Thursday of every month 1:00PM - 4:00PM. * Mail is delivered Monday - Saturday unless a holiday.</p>	<p>September Birthdays Shirley Sword 9/01 Sharon Knight 9/04 Robert Smith 9/10 Peggy Rodriguez 9/15</p>	<p>September Birthdays Mary Smith 9/15 Harold Jefferies 9/15 Charlotte Oakley 9/19</p>			<p>1 9:00 Rise and Shine 10:00 Zumba 11:00 Balloon Toss 1:30 Sensory Pets 2:00 Sharing Ice Cream w/ friends 4:00 Putt-Putt 5:00 Hand Massages and Nail Spa 7:00 1:1 Games</p>	<p>2 9:00 Good Morning OLRC 10:00 Saturday Stretches 11:00 Coloring Corner 1:30 Saturday Read Aloud 2:00 Cinema Time + 1:1s 3:00 Exercise Group 4:00 Folding Socks 5:00 Matching Games 7:00 Magazine Cart</p>
<p>3 9:00 God Cares Ministry 10:00 Catholic Mass w/ Father George/TV 11:00 1:1 's - Card Games 1:30 Sunday Funnies 2:00 Word Association Game 3:00 Zumba 4:00 Hydration Station 5:00 Sorting Crochet Squares 7:00 Magazine Cart</p>	<p>4 Labor Day 9:00 This Day in History 10:00 Short Stories Hour 11:00 Drumming 1:30 Coloring Hour 2:00 Karaoke to the Oldies 3:00 Yoga For You 4:00 Parachute Balloon Toss 5:00 Big Dice Game 7:00 Netflix Hour</p>	<p>5 9:00 Occurring Events 10:00 Sing-A-Long 11:00 Horseshoes 1:30 Hydration Station 2:00 Nail Spa/BINGO on 100 3:00 Movin' and Groovin' 4:00 Putt Practice 5:00 Hand Massages 7:00 1:1 Games</p>	<p>6 National Read A Book Day 9:00 This Day in History 10:00 Mass with Father George/TV 11:00 Balloon Ball 1:30 Matching Game 2:00 Cinema Hour 3:00 Exercise Class 4:00 Giant Checkers 5:00 Connect 4 7:00 Coloring Hour</p>	<p>7 9:00 Today in the News... 10:00 Drumming 11:00 Music before Lunch 2:00 Bowling League/ BINGO on 100 3:00 Yoga Hour 4:00 Memory Matching Games 5:00 Organizing Card Decks 7:00 Westerns Hour</p>	<p>8 9:00 Rise and Shine 10:00 Senior Sing and Dance A long 11:00 "As You Were" Stories 1:30 Parachute Play 2:00 Ice Cream Social: Ice Cream Sundae 4:00 Connect 4 5:00 UNO 7:00 1:1 Games</p>	<p>9 9:00 This Day in History 10:00 Saturday Stretches 11:00 Dance-A-Long 1:30 Balloon Toss 2:00 Cinema Time + 1:1s 3:00 Stretching to the Beat 4:00 Coloring Corner 5:00 Sensory Pets and Tools 7:00 Magazine Cart</p>
<p>10 9:00 God Cares Ministry 10:00 Catholic Mass w/ Father George/TV 11:00 Elderly Trivia 1:30 Sunday Funnies 2:00 Funny Animal Videos 3:00 Comparison Cards 4:00 Zumba 5:00 Hydration Station 7:00 Magazine Cart</p>	<p>11 9:00 This Day in History 10:00 Short Stories Hour 11:00 Drumming 1:30 Hydration Station and 1:1's 2:00 Dance and Move Along 3:00 Yoga For You 4:00 What Sound Does That Make? 5:00 Balloon Hockey 7:00 Netflix Hour</p>	<p>12 9:00 Rise and Shine 10:00 Scarfercise 11:00 Tearing up old Newspapers/ Magazines 1:30 Sensory Pets 2:00 Nail Spa/BINGO on 100 3:00 Dancing in the Afternoon 4:00 Ring Toss 5:00 Hand Massages 7:00 1:1's</p>	<p>13 Roald Dahl Day 9:00 Coffee and News 10:00 Mass with Father George/TV 11:00 Reading Dahl Passages 1:30 Balloon Toss 2:00 Cinema Hour and 1:1s 3:00 Exercises w/ Sherry Zak Morris 4:00 Aromatherapy 5:00 Hand Massages 7:00 Magazine Cart</p>	<p>14 9:00 Today in the News... 10:00 Drumming 11:00 Memory Box: Hunting 1:30 This Or That 2:00 Bowling League/ BINGO on 100 3:00 Yoga Hour 4:00 Hand Massages and Music 5:00 Birds of a Different Feather Activity 7:00 Westerns Hour</p>	<p>15 9:00 Weird News 10:00 Sit N' Stretch 11:00 Memory Games 1:30 Secret Corners of the World 2:00 Ice Cream Social : Sno-Sone Social 3:00 Play-Doh Molding 4:00 In the Toolshed... 5:00 Balloon Flyswatter 7:00 Puzzle Group</p>	<p>16 9:00 Weird News 10:00 Yoga For You 11:00 Play Doh Hour 1:30 Saturday Read Aloud-Chicken Soup Stories 2:00 Cinema Time +1:1s 3:00 Exercise Class 4:00 Drawing Hour 5:00 Putting Practice 7:00 Funny Animal Videos</p>
<p>17 9:00 God Cares Ministry 10:00 Catholic Mass w/ Father George/TV 11:00 Sunday Funnies 1:30 Reminiscing: Fall Activities 2:00 This or That 3:00 "As You Were" 4:00 Zumba Club 5:00 Laundry Folding 7:00 1:1's/ Card Games</p>	<p>18 9:00 Occurring Events 10:00 Morning Stretches 11:00 Drumming 1:30 Coloring Hour 2:00 Working on Puzzles 3:00 Aromatherapy 4:00 Sorting the Markers and Colored Pencils 5:00 Magazine Cart 7:00 Netflix Hour</p>	<p>19 9:00 Weird News 10:00 Movin' and Groovin' 11:00 Building Blocks 1:30 Listening to Music of the 50's 2:00 Nail Spa/BINGO on 100 3:00 Chair Exercisers 4:00 Building Blocks 5:00 Big Parachute 7:00 1:1 Games</p>	<p>20 9:00 Today in the News... 10:00 Mass with Father George/TV 11:00 Scarfercise 1:30 Parachute Games 2:00 Cinema Hour and 1:1s 3:00 Follow the Leader 4:00 Memory Games 5:00 Short Stories From the Past 7:00 Sorting Poker Chips</p>	<p>21 9:00 This Day in History 10:00 Drumming 11:00 Memory Box :Hair and Beauty 1:30 Senior Rib ticklers 2:00 Bowling League/ BINGO on 100 3:00 Birthday Celebration/ Zumba For You 4:00 Dominoes Tournament 5:00 Balloon Swatter 7:00 Westerns Hour</p>	<p>22 9:00 Good AM Group 10:00 Movin' N Groovin' 11:00 This or That? 1:30 Country Music and Westerns 2:00 Ice Cream Social/ Root Beer Floats 3:00 Dance to the Beat 4:00 Bean Bag Toss 5:00 Aromatherapy 7:00 Puzzle Group</p>	<p>23 9:00 Morning News 10:00 Saturday Stretches 11:00 Watching the News 1:30 Short Stories 2:00 Cinema Time +1:1s 3:00 Scarfercise 4:00 Reading Lips activity 5:00 Noodle Ball 7:00 Sensory Tools</p>
<p>24 9:00 God Cares Ministry 10:00 Catholic Mass w/ Father George/TV 11:00 Making Popsicle stick bridges 1:30 Magazine and Book Cart 2:00 Coloring Hour 3:00 Word Association Game 4:00 Disney Movie Night 5:00 Puzzle Hour 7:00 Balloon Toss</p>	<p>25 9:00 Today in the News 10:00 Dance-a-long 11:00 Drumming 1:30 Short Stories 2:00 JINGO Hour 3:00 Dance to the Beat 4:00 Horseshoes 5:00 Sensory Pets 7:00 Netflix Hour</p>	<p>26 9:00 This Day In History 10:00 Sit n Stretch 11:00 Kickball 1:30 Listening to Music from the 70's 2:00 Balloon Toss/BINGO on 100 3:00 Dance-a-long 4:00 Ring Toss 5:00 Memory Matching 7:00 1:1 Games</p>	<p>27 9:00 Coffee and News 10:00 Mass with Father George/TV 11:00 Sensory Pets 1:30 Chicken Soup for the Soul 2:00 Cinema Hour and 1:1s/ 3:00 Chair Yoga 4:00 Aromatherapy 5:00 Hand Massages 7:00 Magazine Cart</p>	<p>28 9:00 This Day in History 10:00 Drumming 11:00 Memory Box :Travel 1:30 Senior General trivia 2:00 Bowling League/ BINGO on 100 3:00 Zumba For You 4:00 Dominoes Tournament 5:00 Balloon Swatter 7:00 Westerns Hour</p>	<p>29 National VFW Day 9:00 Good AM Group 10:00 Movin' N Groovin' 11:00 This or That? 1:30 Country Music and Westerns 2:00 Ice Cream Social/ Root Beer Floats 3:00 Dance to the Beat 4:00 Making Paper Leaves 5:00 Relaxing Guided Meditation 7:00 Puzzle Group</p>	<p>30 9:00 Morning News 10:00 Saturday Stretches 11:00 Watching the News 1:30 Short Stories 2:00 Cinema Time +1:1s 3:00 Scarfercise 4:00 Reading Lips activity 5:00 Noodle Ball 7:00 Sensory Tools</p>