



2023



OREGON

Living & Rehabilitation Center
811 S 10th St, Oregon, IL 61061

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div>Personal shopping is the 2nd Thursday of every month 1:00PM - 4:00PM. * Mail is delivered Monday - Saturday unless a holiday. ITEMS ON CALENDAR ARE SUBJECT TO CHANGE</div>			<div>September Birthdays Shirley Sword 9/01 Sharon Knight 9/04 Robert Smith 9/10 Peggy Rodriguez 9/15</div>	<div>September Birthdays Mary Smith 9/15 Harold Jefferies 9/18 Charlotte Oakley 9/19</div>	<div>1 8:00 Rise and Shine 9:30 Book Club 10:00 Pictionary 11:00 What's that Song?! 2:00 Ice Cream & Word Searches 3:00 Chair Exercises 4:00 Hydration Station</div>	<div>2 8:00 Good Morning OLRC 9:30 Morning Stretches 10:30 Coloring Hour 11:00 Music and Lyrics 2:00 Jenga Games 3:00 Movie Night: Knives Out</div>
<div>3 8:00 Sunday Funnies 9:30 Sunday Stretches 10:00 Catholic Mass w/ Father Dave 11:00 Who Sang it?: R&B 2:00 God Cares Church Service 3:00 Sherry Zac Morris 4:00 East Oregon Chapel Non-Denominational Service</div>	<div>4 Labor Day 8:00 Today in the News... 9:30 Book Club 10:00 The History of Labor Day 11:00 Music of the 1950's 2:00 Family Feudin' 3:30 Dance to the Beat 4:00 Mail Call</div>	<div>5 8:00 Today in History 9:30 Fitness Club 10:00 Balloon Swatter Game 11:00 What's that Tune 2:00 Bingo 3:00 Pretty Nails 3:30 Chair Yoga 4:00 Mail Pass</div>	<div>6 National Read a Book Day 8:00 Current Events 9:30 Yoga For You 10:00 Hymns with Father George 11:00 Reading Fall Short Stories 2:00 Outdoor Stretches 3:00 Popcorn and Movie: Dead Poets Society</div>	<div>7 8:00 Weird News 9:30 Sitting Zumba 10:00 Wii Bowling 11:00 Giant Connect 4 2:00 Bingo Hour 3:30 Drumming 4:00 Mail Pass</div>	<div>8 8:00 News and Chat 9:30 Book Club 10:00 Scattegories game 11:00 Which is the Correct Logo? 2:00 Ice Cream Social: Ice Cream Sandwiches 3:30 General Knowledge Trivia 4:00 Mail Call</div>	<div>9 8:00 Current Events 9:30 Yoga For You 10:00 Broom ball 11:00 Guess That Tune 2:00 Heedbands 2:30 Movie Night: Good Will Hunting</div>
<div>10 8:00 News and Coffee 9:30 Morning Stretches 10:00 Mass w/ Father Dave 11:00 Name That Tune 2:00 Outdoor Hymn singing 3:00 Sherry Zak Morris Exercise 4:00 East Oregon Chapel Non-Denominational Service</div>	<div>11 8:00 News Catch up 9:30 Book Club 10:00 October Activities Plan 11:00 Music of the 1960's 2:00 Jeopardy 3:00 Movin and Groovin 4:00 Mail Call</div>	<div>12 8:00 This Day in History 9:30 Scarfcercise 10:00 Making Homemade Ice Cream 11:00 Guess That Sound 2:00 Double Card Bingo 3:00 Pretty Nails 4:00 Mail Call</div>	<div>13 Roald Dahl Day 8:00 Weird News 9:30 Sit n Stretch 10:00 Father George Mass 11:00 Name That Tune 2:00 Roald Dahl Trivia 3:00 Assorted Popcorn and Movie Madness - Matilda</div>	<div>14 8:00 Current Events 9:30 Chair Zumba 10:00 Wii Bowling Time 11:00 Finish the Lyric 2:00 Bingo and Beer 3:30 Drumming 4:00 Mail Call</div>	<div>15 8:00 News and Chat 9:30 Book Club 10:00 Trivia in the Outdoors: Facts About Fall 11:00 Guess That Tune 2:00 Ice Cream Social: Sno-Cone Social 3:30 Movie Night: Remember the Titans</div>	<div>16 8:00 Rise and Shine 9:30 Sit n Stretch 10:00 Big Parachute Balloon Activity 11:00 Finish the lyric 2:00 Charades 3:00 Boards & Cards 3:30 Movie Night: The Blind Side</div>
<div>17 8:00 This Day in History 9:30 Sit n Stretch 10:00 Catholic Mass w/ Father Dave 11:00 Who Sang it? Golden Oldies 2:00 God Cares Church Service 3:00 Outdoor Short Stories 4:00 East Oregon Chapel Non-Denominational Service</div>	<div>18 8:00 Current Events 9:30 Book Club 10:00 Outside Volleyball 11:00 Music of the 1970's 2:00 Wheel of Fortune 3:30 Exercise Class w/ Sherry Zak Morris 4:00 Mail Call</div>	<div>19 8:00 Rise and Shine 9:30 Fun with Fitness 10:00 Cooking Homemeade Rice Krispie Treats 11:00 Mandela Effect Trivia 2:00 Double Luck Bingo 3:00 Manicures 3:30 Chair Yoga 4:00 Mail Call</div>	<div>20 8:00 Good Morning OLRC 9:30 Morning Stretches 10:00 Father George 11:00 Music of the 1950s 2:00 Enjoying the Outdoors 2:30 Popcorn and Movie Madness-- When Harry Met Sally</div>	<div>21 8:00 Current Events 9:30 Scarfcercise 10:00 Wii Bowlers League 11:00 Guess the September Celeb Birthday 1:30 Drinks with Ryan 2:00 Bingo Time 3:00 Birthday Celebration Party 4:00 Mail Call</div>	<div>22 8:00 Current Events 9:30 Book Club 10:00 Heads Up Game 11:00 Westerns and Country Music 2:00 Root Beer Floats Social 3:30 General Knowledge Trivia Tournament 4:00 Mail Call</div>	<div>23 National Checkers Day 8:00 Current Events 9:30 Fitness Club 10:00 Checkers Tournament 11:00 Finish the Lyric: 70's 2:00 Big Dice Game 3:00 Relaxing Meditation w/ Music 3:30 Movie Night : Steel Magnolias</div>
<div>24 8:00 Rise and Shine 9:30 Morning Exercise 10:00 Catholic Mass w/ Father Dave 11:00 Balloon Hockey 3:00 Little Prarie Ministries Men-nite Church 4:00 Disney Movie Magic + Pop-corn : Encanto</div>	<div>25 8:00 Today in the News... 9:30 Book Club 10:00 Resident Council 11:00 Music of the 1950's 2:00 Giant Connect 4 3:30 Dance to the Beat 4:00 Mail Call</div>	<div>26 8:00 Current Events 9:30 Scarfcercise 10:00 Dan and Mike Special Music 11:00 Name that Logo 2:00 Bingo Blast 3:00 Nails Spa 4:00 Mail Call</div>	<div>27 8:00 Today in the News 9:30 Scarfcercise 10:00 Father George 's Mass 11:00 Music of the 1980s 2:00 Making Paper Leaves Craft 3:30 Movie and Popcorn: Sleepy Hol-low</div>	<div>28 8:00 2 Truths and 1 Lie 9:30 Scarfcercise 10:00 Cooking Club: Cinnamon Ap-ple Pie 2:00 Bingo Hour 3:00 Karaoke Hour 3:30 Drumming 4:00 Mail Pass</div>	<div>29 National Veterans of Foreign Wars Day 8:00 Current Events 9:30 Book Club 10:00 Heads Up Game 11:00 Westerns and Country Music 2:00 Fall Ice Cream Flavors Social 3:30 Poker Tournament 4:00 Mail Call</div>	<div>30 8:00 Current Events 9:30 Fitness Club 10:00 Heads Up Game 11:00 Finish the Lyric: 70's 2:00 Kickball 3:00 Relaxing Meditation w/ Music 3:30 Movie Night : Practical Magic</div>